



Hawaiian Lomilomi Massage

Exclusively for Women
Nanaimo, B.C.

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Lomilomi
Massage](#)

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The art and tradition behind Hawaiian Lomilomi Massage

In ancient Polynesia, "Lomilomi" or "Hands of Love" was a ritualized mixture of movement and sound. This sacred art, practiced by the Master Healers, or Kahunas of Hawaii breathes new life into the individual through deep and subtle bodywork techniques.

Early European settlers to the Polynesian region failed to understand the significance of the Hawaiian Lomilomi. They actively sought to eradicate the practice which, until recently, was largely unavailable to the Western World.

Fortunately, today Hawaiian Lomilomi remains a unique experience that touches not only the body but also the mind and soul, bringing a sense of renewed joy to the recipient.

*Combining this treatment with heated **volcanic rocks** reaches deep into the cells of the body, releasing tension to muscles and joints. Ultimately, the services Nicola provides will nourish and revitalize your entire being.*

